



St. Patrick Center
Building Permanent, Positive, Change.

OUR mission

St. Patrick Center provides opportunities for self-sufficiency and dignity to persons who are homeless or at risk of becoming homeless. Individuals achieve permanent, positive changes in their lives through affordable housing, sound mental health, employment and financial stability.



CASSEROLE PROGRAM **A St. Patrick Center Mental Health Program**

The Casserole Program is a community-wide effort to provide nutritional support for homeless and impoverished individuals living near St. Patrick Center in St. Louis' downtown area.

Through the Casserole Program, church groups and thousands of volunteers from across St. Louis provide daily hot meals. St. Patrick Center supplies recipes (one for each day of the month) and 12" x 10" aluminum casserole pans to volunteers, who purchase ingredients, assemble the recipes and freeze the casseroles. Volunteer drivers then drive the frozen casseroles to St. Patrick Center, where they are heated in the ovens and served piping hot with salad, bread, fruit and desserts. These procedures ensure that health-and-safety standards are met.

The casseroles are served for lunch in St. Patrick Center's Shamrock Club and dinner at St. Patrick Center's transitional living center, its Women's Night Program and at its evening relapse-prevention meetings.

In addition to providing needed nutrition, the Casserole Program serves as an outreach method. St. Patrick Center's Mobile Outreach Team canvasses city streets looking for homeless people to build trust relationships with them. The team extends invitations to enjoy hot meals at St. Patrick Center.

Homeless people coming for lunch are greeted by St. Patrick Center staff members who continue trust-building efforts. Gradually, these individuals are introduced to St. Patrick Center programs and begin to address the barriers in their lives.

In Fiscal Year 2009, more than 87 church and community groups (2,000+ volunteers) provided 155,823 hot nutritious meals every day of the year for St. Patrick Center clients and homeless individuals still living on the streets who need to be engaged in services.

Other St. Patrick Center Mental Health Programs: Assertive Community Treatment (ACT); City Seeds Urban Farm; Mobile Outreach; Shamrock Club Day Treatment Program; Shamrock Club Evening Program (Alumni Club); Shamrock Club Intensive Case Management (ICM); Women's Night Program.

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