



St. Patrick Center
Building Permanent, Positive, Change.

OUR mission

St. Patrick Center provides opportunities for self-sufficiency and dignity to persons who are homeless or at risk of becoming homeless. Individuals achieve permanent, positive changes in their lives through affordable housing, sound mental health, employment and financial stability.



Shamrock Club
Day Treatment Program

SHAMROCK CLUB DAY TREATMENT PROGRAM

A St. Patrick Center Mental Health Program

The Shamrock Club Day Treatment Program provides treatment for homeless individuals who experience mental illness and/or substance abuse. In 1983, the Missouri Department of Mental Health partnered with St. Patrick Center to fund the Shamrock Club Day Treatment Program. It remains one of the key programs of the agency. People who suffer from mental illness and/or substance-abuse have access to the agency's treatment programs and its complete continuum of care.

People who are homeless come to St. Patrick Center to meet with Intake Counselors. These counselors collect basic information from clients' self-reported histories and input this data into the agency's Client Information Tracking System. Counselors also look for clues that may indicate mental illness, substance abuse or co-occurring disorders of addiction and mental illness.

Clients who experience mental illness can be especially distrustful so Intake Counselors stress the Shamrock Club Day Treatment Program's benefits which include hot meals; showers; machines to launder clothes; the ability to use the agency's mailing address and opportunities to socialize in a safe environment. After Shamrock Club Day Treatment Program intake is completed, Intake Counselors provide treatment informally through day-to-day conversations. When trust is established, counselors broach more formalized treatment options, such as needs for medications, individual counseling, treatment planning and referrals to community mental health services.

Participants move through program phases at varying rates, but all Shamrock clients start the work of recovery by attending Shamrock's education meetings that help clients understand addictions and mental-health conditions. Clients who show true determination in addressing their conditions are referred to the Shamrock Club Intensive Case Management team, which will assist them with recovery from addictions and mental health issues, as well as multiple other issues, especially housing. Case managers also refer Shamrock Club Day Treatment clients to other agency programs that address needs for education, job skills, employment, living skills and housing.

The Shamrock Club Day Treatment Program operates seven days a week, 364 days a year, from 9 a.m. to 3 p.m. Shamrock's goal is for clients to become stabilized and go on to access onsite resources that facilitate recovery and improve the overall quality of their lives. In addition, this program has been certified by the State of Missouri as an Outpatient-Supported Recovery treatment program and has a Comprehensive Psychiatric Services license.

In Fiscal Year 2011, the Shamrock Day Program assisted 1,010 clients who are homeless and experiencing mental illness and/or substance-abuse issues with making a commitment to work on personal goals, benefits assistance, psychiatric assessment, job training, employment and housing.

Other St. Patrick Center Mental Health Programs: Assertive Community Treatment (ACT); Casserole Program; City Seeds Urban Farm; Mobile Outreach; Shamrock Club Intensive Case Management (ICM); Women's Night Program.

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