



St. Patrick Center
Building Permanent, Positive, Change.

OUR mission

St. Patrick Center provides opportunities for self-sufficiency and dignity to persons who are homeless or at risk of becoming homeless. Individuals achieve permanent, positive changes in their lives through affordable housing, sound mental health, employment and financial stability.



Shamrock Club
Women's Night Program

WOMEN'S NIGHT PROGRAM A St. Patrick Center Mental Health Program

Women who are mentally ill and homeless are the most vulnerable of homeless individuals. They face the dangers of rape, beatings and robberies. Since 1988, the St. Patrick Center Women's Night Program has been a refuge for these women.

St. Patrick Center intake counselors conduct interviews with potential clients of the program to determine program eligibility. To be eligible for the program, a woman must:

- Be referred by the Catholic Charities Housing Resource Center, which determines St. Louis City residency
- Be living on St. Louis City streets
- Be experiencing current, significant psychiatric problems
- Adhere to program rules
- Attempt to follow her individual treatment plan.

On a nightly basis, up to 15 women receive evening meals, hot showers with personal hygiene products, laundry opportunities, phone service and safe places to sleep. In addition, clients are permitted to give St. Patrick Center as their mailing address and to use agency phones. Agency counselors and case managers also build rapport with clients, endeavoring to take more active steps to address client problems.

The Women's Night Program clients also are offered the opportunity to participate in the agency's Shamrock Club Day Program, a treatment-and-stabilization program. Clients may be referred to other agency programs that address needs for education, employment, job skills, living skills, transportation and housing. Furthermore, clients have access to in-house partnering agencies for health, dental and chiropractic care and housing needs.

Through the combined Shamrock Club Day Treatment Program and Women's Night Program hours, mentally ill homeless women can be inside agency facilities 20 hours a day. However, extended hours are only available to women who might be at-risk when not in the building, such as those who are recovering from surgery, a serious medical condition or childbirth. Others may be too fragile or frightened to spend even a few hours outside on their own. Hazardous or extreme weather conditions also necessitate extended hours.

In Fiscal Year 2010, St. Patrick Center provided a safe place to sleep at night and assistance with finding permanent housing for 93 women who experienced mental illness and or substance abuse. We assisted 11 with their move to permanent housing.

Other St. Patrick Center Mental Health Programs: Assertive Community Treatment (ACT); Casserole Program; City Seeds Urban Farm; Mobile Outreach; Shamrock Club Day Treatment Program; Shamrock Club Evening Program; Shamrock Club Intensive Case Management (ICM).

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